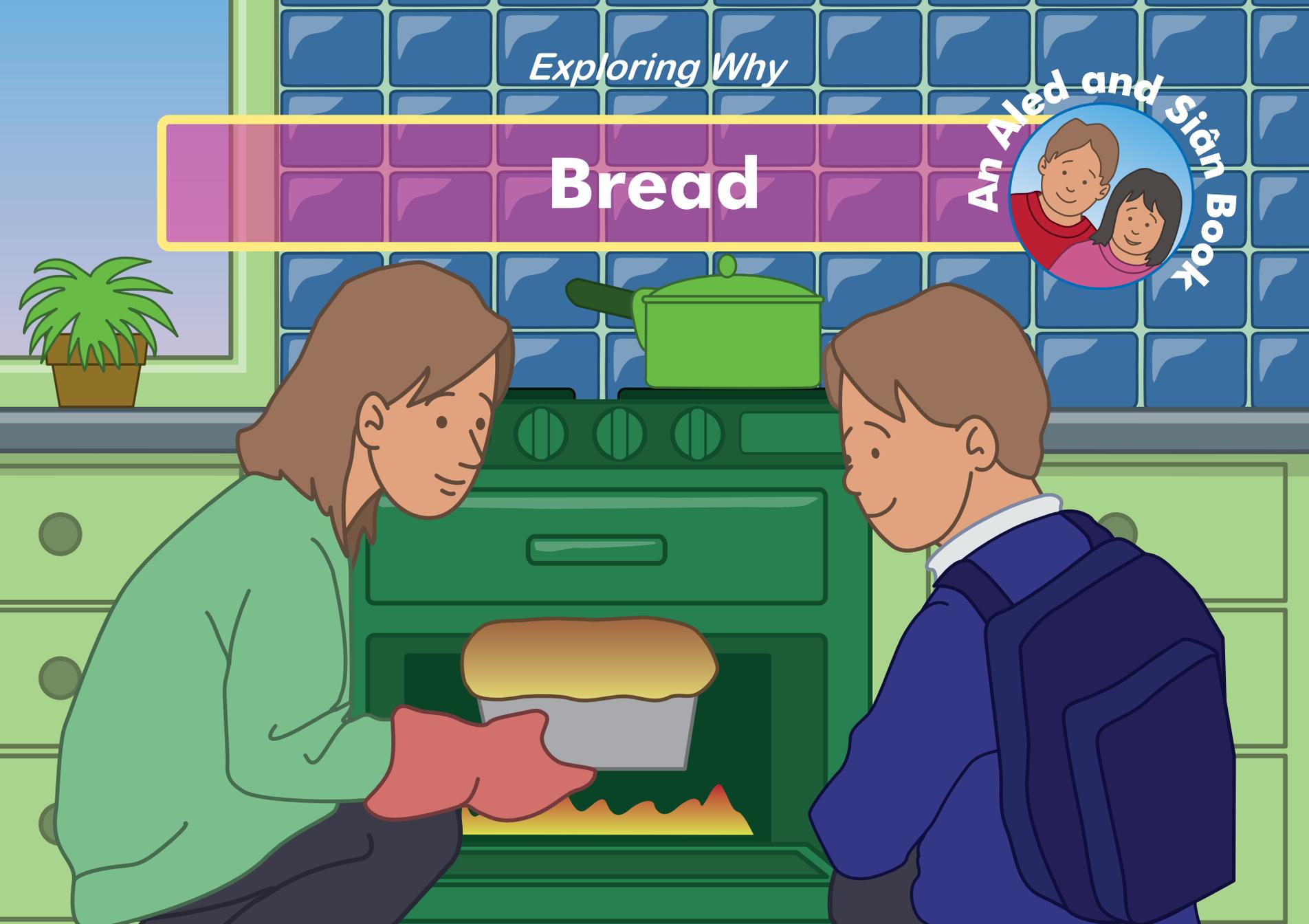


Exploring Why

Bread

An Aled and Siân Book



Exploring Why

Bread

Leslie J Francis and Tania ap Siôn
Illustrated by Phillip Vernon



Bear Lands Publishing

About Aled and Siân

Aled and Siân love exploring the places where they live and the places they go to visit. They enjoy playing 'I Spy' to help them get to know these places better. In the *Exploring Why* series Aled and Siân are curious to find out why some of the things around them are important to their Christian, Jewish and Muslim friends.

The series takes seriously the social significance of religion and is based on extensive research into how children learn about themselves, others and the world in which they live.

To support this storybook series, there is a large range of free downloadable resources for children and teachers available at hwb.wales.gov.uk/Resources and st-marys-centre.org.uk

The storybooks and activities are devised for 5- to 7-year-olds, but the downloadable resources make the series relevant for younger and older children too.

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Titles in the *Exploring Why* series are:

Bread
Cross
Light
Menorah
Veil
Water
Symbols of Faith





Aled and Siân are playing 'I spy'. Today they are looking for different types of bread. I wonder how many different types of bread they will see and where they will see them.



As Aled and Siân come downstairs for breakfast, they smell the freshly made toast.



There among the butter, marmalade and honey, they see the toaster. “I wonder where we should look next?” said Aled.



As Aled and Siân finish their toast, they find their father making their packed lunches.



There among the cheese, pickle and apples, they see the bread rolls. “I wonder where we should look next?” said Siân.



On their way to school Aled and Siân walk past Evans the Baker and they smell the new loaves fresh from the oven.



There among the rolls, buns and pies, they see the tempting cottage loaves. “I wonder where we should look next?” said Aled.



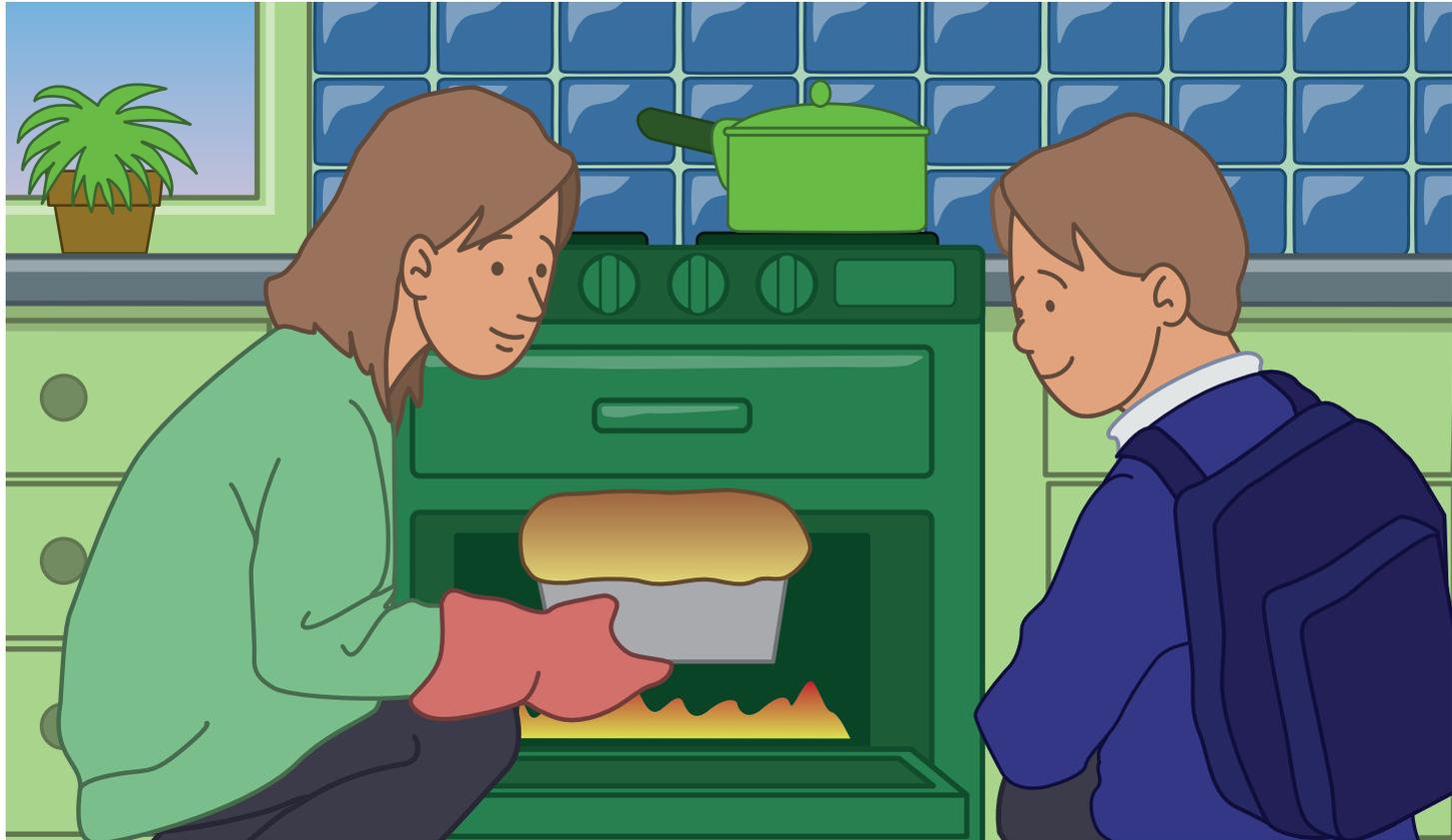
Aled and Siân continue their walk past the Café Fleur and they step round the tables on the pavement.



There among the coffee, milk and croissants, they see the long French stick. “I wonder where we should look next?” said Siân.



Aled and Siân continue their walk to the house where their friends Peter and Mary live, so they can go to school together.



There Peter and Mary's mother is baking bread for the Sunday service. "I wonder why bread is so important for the Sunday service?" said Aled.



Peter and Mary take Aled and Siân into the big church next to their house to look around.



There on the white cloth next to a silver cup and plate, they see the fresh baked bread. “I wonder why bread is so important for the Sunday service?” said Siân.



Peter and Mary take Aled and Siân back to the vestry and they begin to tell them why bread is so important for the Sunday service.



They find their Bible and they read Mark's Gospel chapter 6. There Jesus feeds 5000 people from five small loaves.



On Sunday Peter and Mary invite Aled and Siân to their church to see what happens with the bread.



Inside they look carefully at the huge stained-glass window. There Jesus is holding a loaf of bread, sitting among his disciples.



During the service, the loaf of bread is carried from the back of the church to the very front.



Peter and Mary's mother takes the bread, gives thanks to God and places the bread on the altar.



During the service, Peter and Mary's mother breaks the bread and shares the broken pieces with the members of the church.



Peter and Mary invite Aled and Siân to go with them to the altar. “Next year,” said Peter and Mary, “we too will be old enough to share in the feast!”



Then Aled and Siân walk back to their seats. “Now we know why bread is so important for the Sunday service!” said Aled and Siân together.

Aled and Siân are playing 'I Spy' and today they are looking for 'Bread'. They find bread in all kinds of places around where they live. When Aled and Siân visit their friends, Peter and Mary, they start asking an important question – "I wonder why bread is so important for the Sunday service?" With the help of Peter and Mary, Aled and Siân begin to find some answers.

